TBR:BOUNCE INC SESSIONS – MAY 2015

Team Buller Riders (TBR) has now been running acrobatic training sessions at the leading BOUNCE INC facility for over two years.

We see acrobatic/trampoline training as being essential for all TBR athletes, and first step to learn new tricks in a safe, controlled environment. Acrobatic/trampoline training is then linked to performing jumps on water and finally on snow.

BOUNCE INC is a spectacular venue for the TBR athletes, with over 100 interconnected trampolines, foam pits, dodge ball courts, performance trampolines and "the wall", leaving no doubt that the athletes will be impressed.

TBR coaching will be provided on the performance trampolines, where three of the trampolines and also a foam pit will be exclusive for our use.

Location BOUNCE Inc 2 Weir St, Malvern 1300 000 540 www.bounceinc.com.au	**Coaching** Coaching will be provided by leading TBR coaches. To ensure athletes receive a high level of feedback, we will operate at a ratio of 1 coach to four to six athletes
Sessions During May, we will be offering four sessions. **Athletes must join for the full amount of sessions.** This is to ensure efficiency in managing the training and to confirm staffing needs each week. Wednesday May 6 Wednesday May 13 Wednesday May 20 Wednesday May 27	**Times** To ensure that athletes are able to get a sufficient time on the trampolines, we will operate two sessions with a maximum of 12 athletes to take part in each session. Session #1 – 6pm to 7pm Session #2 – 7pm to 8pm Be sure to submit the form below ASAP to secure your preferred session time. If a session fills up then athletes will be notified that they will need to take part in the other session.

Cost

The cost to take part in the sessions listed is $128 (INC GST).

This fee includes all coaching and admission to the BOUNCE facility for the hour including the exclusive use of the performance trampolines.

The cost also includes BOUNCE socks, free with the first session. Then keep the socks to reuse.

If athletes want to use the BOUNCE facilities after their TBR session, then they can purchase a second hour (with no coaching) direct from BOUNCE for $11.

Payment Options

: Name	
: Session	☐6PM to 7PM ☐7PM to 8PM
: Cost	**$128 Includes all coaching and use of the BOUNCE venue for the hour of training**
: EFT	BSB: 013 304 - ACCOUNT NUMBER: 301368626 - NAME: Team Buller - BANK: ANZ
: CHEQUE	Payable to "Team Buller"
: CREDIT CARD	3% surcharge will be added to all credit card transactions
	Please charge to ☐VISA ☐Mastercard
	Card Number
	Card Holders Name Expiry Date Signature

Completed forms should be

1) faxed to 03 9686 2988 2) Scanned/emailed to patto@teambuller.com

OR pay Via EFT (see details above) , be sure to leave the athlete surname and training time session in the EFT comments